



## ❧ True Wellness Workshops ❧

### BASIC Workshops

*Wednesday September 22<sup>nd</sup> @ 7pm*

*Thursday October 21<sup>st</sup> @ 7pm*

Basic workshops are great for new and seasoned clients! Join us to get a better understanding of all the techniques and modalities used here at True Wellness. Each workshop is unique, so to come to as many as you are able! Feel free to bring family members, friends and colleagues.

Please sign up @  
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-(267)308.0777  
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