www.truewellnesspa.com 267.308.0777

Upcoming FREE Workshops:

- Leave your checkbook at home, THERE IS NOTHING TO BUY!
- All of these workshops are open to the public

The Basics of Understanding the Human Organism

If you are interested in learning how to talk to your own body or you are interested in learning more about the MAGIC that Ian Kennedy seems to perform, almost daily, then you cannot miss a Basic Workshop. This workshop is designed for clients, and their families, to help further explain all the theories and practices that are used at True Wellness. Ian Kennedy will cover Muscle Response Testing, the autonomic nervous system and its function and a bit on the theory of biological therapy.

Clients are highly encouraged to attend a Basic workshop within the first three months of becoming a client! If you are new to True Wellness and would just like further information this is a great workshop for you as well.

Live Basics #1	**Thursday**	**April 9th**	**7-8pm**
Live Basics #2	**Saturday**	**May 9th**	**4-5pm**

- **Please RSVP** your seat at 267.308.077 or info@truewellnessapa.com

Back by Popular Demand

Saturday May 16th 2-6pm

Muscle Response Testing Class

REGISTRATION REQUIRED, $60 pre-registration; $70 if after 5/9.

This four-hour class is designed to provide both philosophy and practical experience in muscle response testing. Learn how to test others. Learn how and when it is appropriate to use muscle response testing. Learn how to test yourself too. Help yourself by learning how to talk to your body. Also learn how to BREAK an ALLERGIC REACTION. Reserve your space NOW!

577 Bethlehem Pike, Suite A Montgomeryville, PA 18936

(located in the AT&T Cellular Building 2 miles north of the Mall)